

A photograph of two men in wheelchairs on a beach. The man in the foreground is wearing a dark blue t-shirt, a black cap, and sunglasses, looking down. The man in the background is wearing a brown t-shirt and sunglasses, looking forward. They are both on specialized beach wheelchairs with large, treaded tires. The background shows a sandy beach and the ocean under a clear sky.

Living
my way.

2018 / 19 Service Catalogue

EMPOWERING PEOPLE WITH DISABILITY TO GET BACK TO LIVING

Member Benefits



Experienced staff with sound knowledge of various disabilities



Support and assistance in preparing for annual plan reviews
(These will occur anytime from 3 months before plan ends)



Access to Member Online Portal to access documents, communications and helpful information



Quarterly newsletter communications



Invitation to join the Living My Way Member Advisory Committee



Access to the Living My Way Member Referral Program



Access to apply for a grant through the Living My Way's Member Sponsorship fund



Living My Way Member Welcome Pack

About Us

Living My Way Limited is a Not-for-profit self directed living specialist organisation with over 25 years' experience in empowering its Members.

Our History

In the early 1980s a group of people with severe physical disabilities, led by disability rights advocate, the late Kevin Byrne AM fought for their rights to manage their own funding package. Following a successful fight the Commonwealth Government invited 24 individuals with varying disabilities and lifestyles to apply for the opportunity to participate in a pilot study that would enable them to have choice and control by becoming a registered employer.

The two year pilot was ground breaking and unheard of in the world of disability and was deemed a success. Following on from the learnings from this successful pilot study Living My Way Limited was formed in 1992.

Evolution

The Commonwealth Government pilot study allowed for the first time for people with a disability to be in the driver's seat. It meant their needs were met, their hours could be adaptable to suit each individual lifestyle and offered flexibility that enables the pursuit of social, recreational and career objectives.

This self-managed approach continued to grow over time under the Aging, Disability and Home Care funding which in turn increased the number of Members to Living My Way.

This approach allowed Living My Way Members to manage and support their own needs and choices with flexibility to employ their own staff and meet their changing needs.

In 2013 yet another ground breaking funding scheme was announced by the Australian Federal Government the National Disability Insurance Scheme (NDIS) which rolled out nationally from 1 July 2016.

The NDIS continues to be based on the same principles of the pilot study back in the early 1980s that people with a disability should have choice and control of their own funding, needs and life.

Our Future

Living My Way will continuously improve and offer quality supports to our Members and support them to be empowered and continue to live self-directed lives.

Led by a Board that consists of several Members with a disability from a range of professional backgrounds who fully understand the importance of being in control and extending themselves to the fullest extent possible.

Living My Way's future looks bright in this evolving and changing disability landscape.

Living My Way look forward to supporting Members for many more years to come.

1

SUPPORT MY CHOICES

"I want to ...

- ✓ Get a plan that works for me
- ✓ Coordinate my supports
- ✓ Help me through time of crisis

Our Prices

| Plan Category | Unit | Price |
|-----------------------------|--------|--------------------|
| Financial Capacity Building | Hourly | \$55.27 |
| Support Coordination | Hourly | \$96.04 – \$182.74 |
| Improved Daily Living | Hourly | \$44.54 – \$179.26 |

How we can help

Living My Way works with you to know what is important to you now and in the future. We draw on our knowledge of the disability sector and can be your single point of contact to navigate the full range of supports you require.

We support you with your annual plan review, pre-planning and goal setting, understanding what it is you need and translate it into the appropriate language so you get the right plan. This ensures you make the most of your funding. Living My Way can work with you to prepare a budget to ensure you are able to manage within your current NDIS Plan budget allocation.

Assistance can be provided in finding local services that are right for your needs. We are able to coordinate new and existing services and ensure services are the right fit. As a Coordinator of Supports we work with you and help you to achieve your goals. With your basic services met, we can then look at new opportunities that may interest you. We can also contact your funding body on your behalf and equip you with the self-knowledge and resources to not only make the most of your plan, but allow you to get back to living!

If you ever find yourself in a time of crisis where you require support, Living My Way has experienced, caring and dedicated Member Support Coordinators who will explore every option to make sure you have the services you need.

Contact Us

For more informations, please email
info@lmwl.org.au

**Better Plan
=
Better
Outcomes**

2

HIRE MY OWN TEAM

"I want to ...

- ✓ Employ the right people
- ✓ Pay my workers
- ✓ Get HR advice

Our Prices

| Plan Category | Unit | Living My Way Claiming Price | 2018/19 NDIS Price | Saving | Support Worker Pay (exc super) |
|--|--------|------------------------------|--------------------|----------------|--------------------------------|
| Core Budget – Standard Monday - Friday | Hourly | \$43.10 | \$48.14 | \$5.04 | \$32.50 |
| Core Budget – Standard active overnight rate | Hourly | \$43.10 | \$52.79 | \$9.69 | \$32.50 |
| Core Budget – Standard Saturday rate | Hourly | \$58.36 | \$66.77 | \$8.41 | \$40.63 |
| Core Budget – Standard Sunday rate | Hourly | \$70.03 | \$85.45 | \$15.42 | \$48.75 |
| Core Budget – Standard Public Holiday rate | Hourly | \$93.37 | \$104.08 | \$10.71 | \$65.00 |
| Core Budget – Sleepover rate | Each | \$123.76 | \$204.81 | \$81.05 | \$80 – \$104 |

How we can help

Living My Way can help you to recruit and pay your Support Workers while ensuring you maintain a safe and compliant workplace in your home.

We can assist you in recruiting your Support Workers by advertising jobs, performing due diligence, preparing and issuing contracts and on-boarding of staff. We then run the payroll and pay associated costs and obligations, such as super, employer insurances and government reporting.

If you encounter issues with staff then we can provide access to workplace relations and Work Health Safety specialists.

Contact Us

For more informations, please email info@lmwl.org.au

Own Staff
=
More
Flexibility

3

MAKE LIFE EASIER

"I want to ...

- ✓ Teach me daily living skills
- ✓ Enable me to be independent
- ✓ Connect me to allied health

Our Prices

| Plan Category | Unit | Price |
|--|--------|----------|
| Improved Daily Living - Therapy Assessment | Hourly | \$179.26 |

How we can help

Living My Way can provide you with Occupational Therapy services;

Living My Way's Occupational Therapist can provide the below assessments:

- Needs assessment.
- Functional assessment.
- Personal mobility equipment i.e. Wheelchair and mobility assessments and prescription.
- Transfer / Manual handling assessment.
- Assistive products (Equipment) for daily living i.e. personal care and safety; household tasks and recreation.
- Home modifications (minor and major) i.e. hand rails, small threshold ramps.
- Therapeutic supports for daily living, services and care.

Occupational Therapist can train and review formal and informal care supports. This may include:

- Lifter (hoist) training.
- Manual handling training.
- Specialised assessment to maximise independent living skills and needs.

Contact Us

For more informations, please email
info@lmwl.org.au

Less
Paperwork
=
More Time for
Life

4

PAY MY BILLS

"I want to ...

- ✓ Process my invoices
- ✓ Track my spending
- ✓ Keep the tax man happy

Our Prices

| Plan Category | Unit | Price |
|--|---------|-----------------|
| Plan Management Set Up Fee | One-off | \$222.85 |
| Plan Management Set Up Fee | One-off | \$334.29 |
| Plan Management Monthly Processing Fee | Monthly | \$100.18 |

How we can help

Living My Way can help you keep on top of your accounts payables and/or NDIS claims.

We act as the middle man between you and your service providers by processing the invoices that you authorise for payment as per your support plan.

After processing authorised invoices you will receive a report on your spending, to help you track your plan budgets.

For Members who employ your own workers we meet all your ATO employer responsibilities, such as paying PAYG withholding, reporting Quarterly Instalment Activity Statements and providing all your staff with their Payment Summary at the end of every financial year.

Contact Us

For more informations, please email
info@lmwl.org.au

More
Independence
=
More Freedom

“

It's the little things in my life that make the difference, the things other people might take for granted because they are able-bodied. Living My Way has given me the freedom and flexibility to enjoy those little things every day, with those I care about.

”

– John

Address:

Unit 11, Ground Floor,
800-812 Old Illawarra Road,
Menai, NSW, 2234

Mailing Address:

PO Box 67, Menai Central, NSW, 2234

Email Address: info@lmwl.org.au

Phone Number: (02) 8525 4000

ABN: 47 110 995 518



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