

*Living
my way.*

2020/21

Service Catalogue

MORE PEOPLE GETTING ON WITH LIFE

About Us

Living My Way **Values**

Trustworthy and Helpful

We hold ourselves accountable to a high standard in all interactions.

Respectful

We treat all individuals with dignity and integrity.

Flexible

We are responsive and adaptable to changing needs of our Members and the industry.

Consistent Quality

You can depend on us to be there for you when you need us.

Living My Way Limited is a not-for profit, NDIS registered organisation that empowers its Members to self-direct their lives. Put simply, we help people with disabilities live their lives their own way.

Since its inception in 1992, Living My Way (formerly Allowances Incorporated) has taken huge strides in giving people with a disability the opportunity to strive towards an independent life.

With nearly 30 years of experience behind us, Living My Way aims to continuously improve and offer quality support to our Members.

With an individualised and holistic approach, we support Members by providing support to directly employ Support Workers, Plan Management, Support Coordination (including Specialist Support Coordination) and Occupational Therapy.

Led by a Board consisting of several Members with a disability from varying professional backgrounds, Living My Way fully understands the importance of choice and control.

Our future looks bright in this evolving landscape and we look forward to supporting our current and future Members for many years to come.

Our Services

1. Employ your own Support Workers

HOW WE CAN HELP

Living My Way can help you to recruit and pay your Support Workers whilst ensuring you maintain a safe and compliant workplace.

We can assist you in recruiting your Support Workers by advertising, performing NDIS mandatory screening (e.g. Police Check), provide employment contracts and onboarding Support Workers. We then process the payroll, pay associated costs and we meet all your ATO employer responsibilities, such as paying Superannuation and complete all the required reporting so you don't need to worry about a thing.

We provide ongoing support in relation to Industrial Relations, Fair Work and Human Resources to keep you updated and compliant with employer responsibilities.

I do my own recruitment, rosters and day to day management, liaise with my staff and rostering them. I really enjoy doing this. At the end of the day, I am the person they answer to. It's very important to me to have control and choice... My work day can change but I can control and negotiate changes as I manage my staff. I learned a lot of skill negotiating and dealing with people.

Living My Way Member

OUR PRICES

Plan Category	Unit	LMW Claiming price	2020/21 NDIS price	Saving	SW Pay (exc. super)
Core budget – standard Monday – Friday rate	Hourly	\$49.17	\$54.30	\$5.13	\$35.00
Core budget – standard evening – Monday – Friday rate	Hourly	\$53.98	\$59.77	\$5.79	\$38.00
Core Budget – Active overnight rate	Hourly	\$54.97	\$60.87	\$5.90	\$38.70
Core budget – standard Saturday rate	Hourly	\$63.91	\$76.18	\$12.27	\$45.00
Core Budget – Standard Sunday rate	Hourly	\$82.81	\$98.06	\$15.25	\$60.00
Core budget – Standard public holiday rate	Hourly	\$106.53	\$119.94	\$13.41	\$75.00
Core Budget – Standard sleepover Mon – Fri rate	Each	\$140.00	\$231.06	\$91.06	\$95.00
Core Budget – Standard sleepover Sat rate	Each	\$150.00	\$231.06	\$81.06	\$100.00
Core Budget – Standard sleepover Sun rate	Each	\$160.00	\$231.06	\$71.06	\$110.00
Core Budget – Standard sleepover PH rate	Each	\$175.00	\$231.06	\$56.06	\$125.00

2. Plan Management

HOW WE CAN HELP

Living My Way will pay your provider invoices for support and services you received as part of your NDIS plan and claim on your behalf through the NDIS portal taking all the stress away of claiming and paying invoices. Using a Plan Manager gives you greater flexibility and control to choose your providers as you are not restricted to use only NDIS registered providers.

Living My Way offer an easy payment process and personalised service;

- Your providers sends invoices directly to Living My Way.
- You are sent an SMS for every invoice Living My Way receives on your behalf and allows you to respond to the SMS if invoice is incorrect prior to payment (no need to respond if invoice is correct).
- We help keep track of your funds, send you monthly statements and assist you with tracking and managing your budgets.

Living My Way's Plan Management fees can only be claimed when participants plan have Plan Management category in their NDIS plan.

OUR PRICES

Plan Category	Unit	Price
Plan Management Monthly Processing Fee	Monthly	\$104.45
Capacity Building and Training in Plan and Financial Management	Hourly	\$61.76



The Plan Management team have always been very helpful when I've had questions about my sons funding and how it can be used and they've provided ample warning when funds were about to run out.

Living My Way Member

Our Services

3. Support Coordination

At Living My Way, we have a team of experienced and passionate Support Coordinators and Specialist Support Coordinators (Allied Health Professionals).

SUPPORT COORDINATION

Support Coordination is all about you! Your NDIS plan has captured your goals but how do you put this into practice? We will work with you to build your understanding of the NDIS, link with the right service providers and also connect to mainstream and informal supports.

OUR PRICE

Plan Category	Unit	Price
Coordination Of Supports	Hourly	\$100.14

SPECIALIST SUPPORT COORDINATION

This level of Support Coordination is provided by an Allied Health Professional such as an Occupational Therapist or Speech Pathologist, usually determined by the NDIS, due to the complex nature of your supports or significant risks in your environment .

OUR PRICE

Plan Category	Unit	Price
Specialist Support Coordination	Hourly	\$190.54

■ **Will my NDIS funding cover all my needs?**
We can help to monitor your budget.

■ **How do I know which service is right for my needs?**
We have experience with many services, we can assist with finding the right fit.

■ **Need support during your plan review?**
We can support you and gather the information required and guide you through the process.

■ **Would you like assistance to understand Service Agreements?**
We can support you to understand what a service provider has written in a service agreement, and how this affects you.

■ **New to self management? Interested in self managing next plan?**
We can assist to building your knowledge and skills to try self management.

■ **Do you in need to explore housing options?**
There are options, but what is right for you? We can assist.

■ We can also support you with building your capacity and goal setting.

Having Living My Way is like having someone that's willing to run the extra mile just to get the right answer. The human side of it is special and that's what makes Living My Way better than most.

Living My Way Member



4. Occupational Therapy

HOW WE CAN HELP

We are a team of experienced and knowledgeable Occupational Therapists, who work together to ensure we stay up to date with the latest in NDIS and equipment/technology advances. Our intake process allows us to match the Occupational Therapist to your needs taking an individualised approach.

Every piece of equipment that I rely on throughout my day Living My Way has played a hand in it. It doesn't just make life easier, it makes it possible. Without them, I honestly don't know how I'd be able to function.

Living My Way Member



OUR PRICES

Plan Category	Unit	Price
Improved Daily Living (Capacity Building - Daily Activities)	Hourly	\$193.99

- Person centred approach
- Minor and Major Home Modifications such as ramps, bathroom modifications, rails etc
- Up to date with latest equipment and technology
- Fast approval with NDIS for high cost items
- Specialist in Multiple Sclerosis, Motor Neurone Disease, Muscular Dystrophy
- Specialist in Spinal Cord Injuries and other physical disabilities
- Specialist in physical disability equipment needs such as Wheelchair and Seating, Hoist, Commode, Pressure Mattress, Beds etc
- Functional Assessment, providing evidence to NDIS to ensure you receive the funding needed
- Manual Handling Assessment and training for your supports



I know that Living My Way take all their Members really seriously. You're not just a number or someone on a piece of paper, you're a person with their own needs and interests.

Living My Way Member



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