



Living
my way.

Self-Managed Services for icare Participants

With a little help from Living My Way, you can get on with a life.



We Are Ready When **You Are**

Connect with one of our friendly staff when you are ready to discuss your care plan and start living your life, your way.

HEAD OFFICE:

Ground Floor 44-60 Allison Crescent,
Menai, NSW, 2234

MAILING ADDRESS:

PO Box 67, Menai Central, NSW, 2234

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PHONE NUMBER:

(02) 8525 4000

ABN:

47 110 995 518

“

I know that Living My Way take all their Members really seriously. You're not just a number or someone on a piece of paper, you're a person with their own needs and interests.

Living My Way Member

”

Registered
NDIS Provider



icare[™]
Insurance and Care NSW

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Who **We Are**

Founded in June 1992, Living My Way (originally known as Allowance Inc) was established by a few members of the original pilot study program Attendant Care Allowance Model for people with disabilities to manage their own care. We were the first of its kind in Australia.

Living My Way has significantly grown since its inception. For 30 years, we have focused our efforts on giving people with disabilities the assistance and guidance to self-manage their own care, giving them a chance to live their lives the way they want to, giving them complete control and independence in organising their care. We are here to support them and to help them achieve their aspirations which is to live as normal as possible.

We aim to create a support system for people with disabilities to continue living their lives in an extraordinary way.

LIVING MY WAY SERVICE OPTIONS FOR ICARE PARTICIPANTS:

Option A

**Training on
Self-Management**

Option B

**Training and Ongoing
Support Services -
Direct Care Services**

Option C

**Training and Ongoing
Support - Employ
Your Own Support
Workers**



If you are interested to use Living My Way services, **please contact your assigned SPOC and they will help you get started.**

What Can You Expect **From Us**

Our team is dedicated to offering support based on these core values.



Trustworthy



Reliable



Respectful



Responsive



Adaptable



Professional



**Consistent
High-Standard
Personable Service**

We believe in helping you to remain an active part of society and empowering you to live and maintain a self-directed living of choice and control.

We dedicate our time to understanding your needs and ensuring that we provide you with the highest level of support for your individual needs.

We train you with professional guidance and solutions so that you will be able to self-manage your support requirements successfully. We will also give you ongoing guidance if your future state changes.

How Do We **Get Started**

icare and Living My Way have a constructive and professional approach to ensure we always put you at the forefront of our working relationship.

A representative of Living My Way works closely with you and your trusted icare contact to review your situation and assess the services and support you require.

We would also work with you to ensure we understand your individual needs and discuss the best strategies, and find suitable support and care. Therefore, communication is key.

Our Person-Centred Service Approach

Our service approach is aligned with icare's broader strategic objectives, which is to put participants at the centre of everything we do.

We always start with an initial conversation with your icare contact and you to discuss your approved icare plan, personal needs and aspirations. The information you give us will inspire our team to identify the right people to assist you and deliver your icare plan.

We will be with you at every step as we arrange and set your plans in place. It is important that you are comfortable with our team, who will keep in touch with you regularly to ensure you are satisfied with the level of service.

You are in control and have the responsibility in your life. Therefore, your opinion matters the most.



With a little help from Living My Way, you can get on with a life.



Delivering a **Personalised Service** that Gives you **Choice and Control**

At Living My Way, we uphold our strong set of values by providing high-quality support to help you live your life to the fullest in an extraordinary way.

Therefore, we take the time to understand you and your unique situation in order to develop and deliver a personalised service that will ensure all your needs are met by your Support Worker/s.